

2008 LAKE  
BLACKSHEAR



## Saturday, July 19, 2008

Proceeds benefit GraceWay Recovery Residence and Ruth's Cottage/The Patticake House

**Time:** 5K Run: 7:30 A.M.; 5K Stroller Roll: 7:45 ; 1 Mile Walk: 8:00 A.M. and 1 Mile Stroller Roll starts at 8:15

**Place:** Race begins at the Lake Blackshear Resort. The scenic 5K & 1 mile course winds through Georgia Veterans State Park

**Entry:** *Adults:* Pre registration postmarked by July 12, 2008 - \$20.00 / After July 12, 2008 - \$23 / Race Day - \$25

*Children (under 12):* Pre registration postmarked by July 12, 2008 - \$15.00 / After July 12, 2008 - \$18 / Race Day - \$20

**Online Registration:** is available at [www.loophelake5K.com](http://www.loophelake5K.com) or through Active.com



**Race Day Registration:** will be held at The Lake Blackshear Resort from 6:00 A.M. until 7:15 A.M.!

**Packet Pickup:** will be available at the Lake Blackshear Resort on Friday from 2:00 P.M. – 7:00 p.m. or day of race from 6:00 A.M. – 7:15 A.M.

**5K Run Awards:** Overall male/female winners, masters male/female winners, and the top three men/women in the following age divisions: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 74-79, 80+.

**Amenities:** All Registrants will receive an official Loop the Lake T-Shirt, goodie bags and post-race treats.

Please Complete Entry Form Below – Call 229-888-8989 or email [info@loop-the-lake.com](mailto:info@loop-the-lake.com) for more info  
Attach Payment **Payable to GraceWay** and Mail– Attn: LOOP THE LAKE, GraceWay, P.O. Box 32, Albany, GA 31702

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*Please PRINT NEATLY and fill out completely (entries without age and gender will not be eligible for age group awards.)*

**Race:** 5K : \_\_\_\_\_ 1 Mile Walk: \_\_\_\_\_ **T-Shirt Size:** (check one) ADULT: S\_\_\_ M\_\_\_ L\_\_\_ XL\_\_\_

Name: \_\_\_\_\_ Age on race date: \_\_\_\_\_ Gender: M\_\_\_ F\_\_\_

Address: \_\_\_\_\_ Date of Birth: (mm/dd/year): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Daytime Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_ (Please write legibly!)

**Race Registration:** Child \$ \_\_\_\_\_ Adult \$ \_\_\_\_\_ **Total Amount Paid:** \$ \_\_\_\_\_ (check one) Cash \_\_\_ Check \_\_\_

***Waiver Must Be Read and Signed Before Mailing:***

"In consideration of this entry being accepted, I hereby for myself, heirs, executors, administrators, waive and release any and all rights and claims for damages I may have against Loop the Lake., race officials, and all sponsors, of all claims or liabilities of any kind arising out of my participation in this event or while traveling to and from. I allow any photographs or materials from this event to be used to publicize this or future Loop the Lake Events"

\_\_\_\_\_  
Signature Required

\_\_\_\_\_  
Date

\_\_\_\_\_  
(Parent's Signature if Under 18)